

# TEN-PHRASE LIFE-PROLONGING SUTRA



## Shin Buddhist Fellowship UK

A PDF copy of this document is permanently stored in our

**DHARMA ARCHIVE**

@ [www.shinbuddhistfellowship.uk](http://www.shinbuddhistfellowship.uk)

### EMMEI JUKKU KANNON GYO

KAN-ZE-ON NA-MU BUTSU  
 YO BUTSU U IN  
 YO BUTSU U EN  
 BU PO SO EN  
 JO RAKU GA JO  
 CHO NEN KAN-ZE-ON  
 BO NEN KAN-ZE-ON  
 NEN NEN JU SHIN KI  
 NEN NEN FU RI SHIN

#### 延命十句觀音經

觀世音 南無佛  
 與佛有因 與佛有緣  
 佛法僧緣 常樂我淨  
 朝念觀世音 暮念觀世音  
 念念從心起 念念不離心  
 延命十句觀音經

### KANZEON!

SALUTATION AND DEVOTION TO THE BUDDHA!

WE ARE ONE WITH THE BUDDHA

IN CAUSE AND EFFECT RELATED TO ALL BUDDHAS

AND TO BUDDHA DHARMA AND SANGHA.

OUR TRUE NATURE IS

ETERNAL, JOYOUS, SELFLESS AND PURE.

SO LET US CHANT EVERY MORNING

KANZEON WITH NEN (ATTENTION)

EVERY EVENING KANZEON WITH NEN!

NEN NEN ARISES FROM MIND

NEN NEN IS NOT SEPARATE FROM MIND.