

After the chanting of the central element in a Buddha Service, the four syllables Na Man Da Bu are repeated six times, and this is followed by an Eko.

In Shin Buddhism, the repetition of Na Man Da Bu should be regarded as an expression of gratitude towards Amida, and his Great Vow (the 18th) to save all beings-without exception; and this it is in-line with the Shinshu concept of genso bodhisattva, returning to this world to work for the enlightenment and welfare of all sentient beings of the past, present and future.